

WILSON DAILY BULLETIN

Wilson High School
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Visit our [website](#), like us on [Facebook](#), follow Principal Chatard on [Twitter](#)
For pdf archives of the Bulletin go to <http://www.pps.net/Page/10118>

Wednesday, March 8, 2017 A/Tutor Time, Periods 1-4

SCHEDULE FOR MARCH 6 - MARCH 10

Monday, March 6: A
Tuesday, March 7: B
Wednesday, March 8: A/Tutor Time
Thursday, March 9: B/Tutor Time
Friday, March 10: A

SCHEDULE FOR MARCH 13 - MARCH 17

Monday, March 13: B
Tuesday, March 14: A
Wednesday, March 15: B
Thursday, March 16: A/Tutor Time
Friday, March 17: B/Assembly

COLLEGE VISITS AT WILSON THIS WEEK

Sign up for college visits in [Naviance](#) and don't forget to print out the confirmation page to give to your teacher. To log into [Naviance](#), go to the Wilson website, scroll down to the bottom of the homepage and click on the Naviance icon. Log in to your account. Click on the specific college to sign up for the visit. If you don't know your login come in to the counseling office.

THE EVERGREEN STATE COLLEGE: Wednesday, March 8, 8:50am

ATHLETICS

Go to wilsonathletics.com for complete sports schedules.

Spring sports have begun and registration continues. For Golf, Tennis, Track and Field, Baseball or Softball, go to www.familyid.com/organizations/wilson-hs to register. For Lacrosse, go to wilsonlax.com (girls) or www.wilsonlax.org (boys).

Sign up to work the Boosters concession stand at home games this spring. Concessions are open during lacrosse games, track and field events and baseball games. Games start next week, so let's fill our volunteer needs and support all Wilson sport and activities! Sign up at <http://vols.pt/zLYCmC>.

EVENTS

Wednesday, March 8

Cosmetology Career Presentation, Room 220 during Tutor Time

Summit Salon Academy Portland will be here to provide information about a career in cosmetology.

Rose Festival Princess Announcement, Wilson Auditorium, 3:30pm

Thursday, March 9

Young Entrepreneurs Business Week Info Session (Advance Sign Up in Room 220)

Friday, March 10

PCC Preview Day Field Trip for Seniors, 9:30am-2:00pm

Would you like to learn more about PCC's excellent academic programs? Do you have questions about how to fulfill your college goals? Then PCC Preview Days is the event for you! Portland Community College will be opening its doors to high school students to come and participate in a day-long introduction to their programs and services. To attend, please pick up a permission slip in the College and Career Center and return it to room 220 or to the main office. You must have a permission slip to go; we can take 40 students, get your name on the list!

NEWS

New: Winning Season for Wilson Chess

The Wilson High School Chess Team completed another successful year of chess at this weekend's Oregon High School Chess Team Association State Championship. The Varsity Team won 4th place (3rd place for the 6A classification); the JV team, made up of both Wilson and Gray Middle School players, tied for first overall and won first place in the JV 6A classification.

The Varsity team was coming off a third-place win in the Portland Area High School League, which was played throughout the Winter. Board awards (for best individual performance) at the Portland League were won by **Riley Waugh**, **River Bednark**, and **Sinan Grehan**. Congratulations to them and all the other team members from Wilson (including **Joshua Bromley**, **Nathan Jewell**, **Caeden Newby**, **Christopher Ng**, and **Jake Winkler**), as well as their colleagues from Gray Middle School. Individual tournaments will continue throughout the spring for all the players, and they will return in the fall to begin team competition once again.

Read more and see a photo of the team [here](#).

Speech and Debate Regular Season Ends Big

At the last three invitational tournaments before state and national qualifiers, Wilson speakers and debaters distinguished themselves with winning performances. At the University of Oregon February 18-19, the following students won awards: **Benedicte Hamilton** (1st Expository), **Moses Felberg** (1st Radio Commentary), **Fletcher Calcagno** (2nd Radio Commentary), **Hannah Borel** (3rd Dramatic Interpretation), **Wolf Morgan-Steiner** (3rd After Dinner Speaking), **Elijah Moon** (5th Expository Speaking, 5th place speaker award Parliamentary Debate), **Tosca Ruotolo** (6th Expository), and **Amy Sloan** (7th Radio Commentary). The next week, at the Rose City Round Robin, a debate-only tournament hosted by Lincoln High School, the Public Forum team of **Moses Felberg** and **Fletcher Calcagno** made quarter finals, and Fletcher tied for 1st place and won 1st place in speaker awards in the new Big Question Debate format. On March 4 at Oregon City High School the following students won awards: **Amy Sloan** (1st Radio Commentary), **Helen Fick** (2nd Humorous Interpretation), **Andrew Foran** (3rd Humorous Interpretation), **Hannah Borel** (3rd Programmed Oral Interpretation), and **Wolf Morgan-Steiner** (7th Dramatic Interpretation). Congratulations to all the winners. March 23-25, students will compete to qualify for the National Tournament to be held in Birmingham, Alabama in June. April 6-8, the PIL District Tournament will determine which speakers from the PIL will compete at the State Championships at Western Oregon University April 20-23.

ANNOUNCEMENTS

New: PTA Parent Education Night, Tuesday, March 14, Wilson Library 6:30pm

Peace in Schools and Mindful Studies at Wilson with Stephanie Edman and Allyson Copacino

In 2014 Wilson High School partnered with Peace in Schools to launch the first for-credit high school mindfulness course in the nation. This class guides students in practices that help them manage strong emotions, calm their minds, and find

acceptance. Please join mindfulness educators Allyson Copacino and Stephanie Edman for a presentation on the benefits of Mindful Studies. The talk will include general information about the course, a discussion of the emotional and educational benefits to our students, and a demo that will invite you to explore your own experience of the present moment. Students from Mindful Studies will also share how this class has deeply affected their lives and community.

New: Wilson Boys, Apply Now for Volleyball

Wilson's annual boys volleyball match is coming up so pick up your registration forms in the main office. Practice starts week of April 17.

Wilson Auction 2017!

Tickets **On Sale Now**

April 22, 2017, 6-10pm, PDX Sports Center, 8785 SW Beaverton Hillsdale Hwy
Dinner, Party Sign-Ups, Silent Auction, Live Auction and more!

It's time again for our community to come together to make sure Wilson High School remains an excellent place for our students to learn and grow—It's time for an auction!

Wilson Auction 2017 to Benefit Student Activities

Want to raise money for your student club, team or activity? Follow the procurement guidelines [here](#). **The procurement deadline is April 15.**

Spring Sports Registration

For Golf, Tennis, Track and Field, Baseball or Softball:

If your athlete has played a sport at Wilson, then you have already set up an account through Family ID. Go to www.familyid.com/organizations/wilson-hs, log in and sign up for the proper spring sport.

If your son or daughter has NOT played a sport at Wilson, then you need to set up an account on Family ID:

- Go to www.familyid.com/organizations/wilson-hs

- Click Create Account in upper right.
- Enter info including a parent's email address (not the athlete's email address at this point).
- Family ID will send you an email. Click on this email to complete the Spring sport registration. Answer the questions and sign the forms online together with your son or daughter.

Lacrosse is a Spring club sport. To sign up for Girls Lacrosse go to www.wilsonlax.com. To sign up for Boys Lacrosse go to www.wilsonlax.org.

New Date: Wilson's First Story Slam is Coming March 15!

The event starts at 3:45 pm in the Library and is modeled on The Moth. Please think about participating by telling a 5-minute story from your life. Rules and tips available in the Library, cash prizes for the top two winners!

Free Tickets to Everybody Reads

Wilson Librarian Linda Campillo will have 30 free tickets for students and parents to hear Matthew Desmond, author of *Evicted: Poverty and Profit in the American City* on **March 9** at 7:30pm at the Arlene Schnitzer Concert Hall. Multnomah County Library selected *Evicted* for its Everybody Reads 2017 book. The book follows the lives of eight struggling families in Milwaukee, Wisconsin, to explore the world of 10 million low-income households, in which families spend half or more of their income on rent and utilities. Interested students should contact Ms. Campillo in the Library.

Black Student Success Summit, Portland State University, Saturday, April 15, 9:00am-4:00pm

Come for: Information, human resource experts, career counselors, jobs, scholarships, internships, colleges, and more.

Stay for: Discussions with educators, professionals, community partners and college students of African descent about their shared experience and individual expertise.

Leave with: Hope, inspiration, knowledge, strategies, goals, and new ideas.
Contact: 971-303-8421. Register online at www.beamvillage.org.

Counselor's Corner

Wilson counselors have a combined length of experience of over 75 years of helping teens and their parents navigate the high school experience. Go to the [Counseling page](#) of the Wilson website for more information, advice, and helpful tips.

How and Why to Help your Teen get Enough Sleep

(Excerpts from *YourTeenMagazine* interview with Arianna Huffington)

Research shows the majority of teenagers are sleep-deprived. How does not getting enough sleep impact our teens?

The impact can be severe, and sleep is a particular problem for teens. Studies have shown that insufficient sleep is directly linked to stress and anxiety in teens. And with the distraction of technology and school start times that are too early across much of the country, a high percentage of our teens are not getting adequate sleep.

For the rest of the article, click [here](#).

FAFSA Challenge: Seniors, Win \$75 Shopping Spree

The Wilson College Center wants to give Seniors money for applying for money! Filing the FAFSA is the gateway to financial aid for college, do it today!

Go to FAFSA.ed.gov to complete your FAFSA form—get financial aid for college *and* be automatically entered in a drawing to win a \$75 Amazon shopping spree.

One winner every two weeks will be drawn from the list of students who have filled out a FAFSA application.

Senior Slide Show Now Under Construction

Attention Senior Parents!! The Grad Night Committee is working to put together a slide show of the senior class to be played at Grad Night. Please send photos of your senior. The pictures can be of any stage in your child's life and can include

friends if you wish. Send up to five photos to Jenn Van Vleet (goodgirlcef@yahoo.com). If you don't have a way to scan photos, email Jenn to make other arrangements. Thank you for helping to make grad night a super success!

Seniors, Place Your Jostens Orders Now!

Jostens website: www.jostens.com

Jostens toll-free phone number: 1-800-JOSTENS (567-8367)

Scholarships

For more information on scholarships, go to <http://www.pps.net/Page/7697>.

Wilson Student Volunteers Needed for April Hill Park Celebration

Make kids smile by volunteering for a few hours on April 9, 2-4pm, at April Hill Park (SW 58th Avenue and Miles Street). Southwest Neighborhoods, Inc., needs student volunteers to help run fun kids' activities and with set-up and teardown. Call (503) 823-4592 to sign up and earn community service credit. This event is free and all are welcome.

Career Center News

Young Entrepreneurs Business Week Info Session, March 9; Sign Up in Room 220

Now accepting applications for summer 2017. Young Entrepreneurs Business Week gives Oregon's youth of all educational backgrounds an opportunity to experience firsthand what it means to run a business. The program and curriculum offers high school students an on-campus immersion experience in areas of entrepreneurship, business fundamentals, financial investments, and leadership development. Wilson students who have attended enjoyed the experience. This is a great opportunity to list on your resume and college applications!

An information session will be held Thursday, March 9, in Business Marketing classes. Interested students please sign up in the College and Career Center (room 220) More information and to apply at <https://yebw.org>.

Girls: Oregon, Action, Leadership, Service Summit; Portland State University Smith Memorial Ballroom, April 26

The Center for Women's Leadership and the Summit's Teen Council are inviting girls from Wilson to work with their teen council for the 2017 GOALS Summit. Develop leadership skills, meet with other teen girls from around the city, hear from women leaders, attend workshops. For more information and to register visit www.oregongirlslead.com.

2017 Portland Plunge, June 23-30

The Portland Plunge is a weeklong opportunity designed to provide high school students exposure to issues such as homelessness, poverty, barriers preventing people from getting the support they need, and cultural differences. During the week, participants will stay in a facility in SE Portland with 25 other youth and an adult staff while volunteering in agencies such as St. Francis Dining Hall, Blanchet House, and others. Applications are due April 28 and can be found online at <http://www.pps.net/cms/lib8/OR01913224/Centricity/Domain/1484/2017%20Portland%20Plunge%20Application.pdf>.

Wilson Junior Dylan Conway Raises Money for Cancer Research

As the Leukemia and Lymphoma Society Student of the Year, Dylan is competing to raise as much money as possible for LLS between January 19 and March 10. Donate online at <http://events.lls.org/pages/oswim/portlandsoy2017/dconway>.

Free Online Language Learning from Multnomah County Library

Are you learning a language or planning on visiting a non-English speaking country this summer? If so, Multnomah County Library has a free online resource called **Mango Connect** that can help support language learning through lessons that facilitate conversational skills and grammar. There are units for more than 50 languages, and Mango also includes lessons in English for speakers of over 15 languages including Spanish, Russian, Vietnamese, Chinese and Somali.

Support Wilson PTA, Buy Scrip

Scrip is an easy way to support the PTA that costs you nothing extra! This program works with local and national vendors, including most of your favorite grocers, restaurants and retailers. Leave your order with the Wilson Bookkeeper on Monday, pick up your scrip on Friday afternoon. Or place your order by phone, postal mail, or e-mail! Contact Martha Schulte (schulte@easystreet.net; 503-244-5072) for more information or to place an order. Download order forms [here](#).

Last Day of School is Now June ~~13~~ 14

Because of the snow days in December and January, the PPS Board of Education voted to restore instructional hours by canceling all late openings and early releases and extending the school year by an additional day until June 14th. Staff is reviewing other calendar adjustments to address lost school days. Stay tuned!

CONNECTIONS

The Wilson Daily Bulletin is an electronic newsletter full of useful information and interesting news emailed to Wilson students, parents, staff, and community members. The Bulletin is published every day. The Monday Edition has the widest distribution and includes more general announcements; Thursday-Friday the focus is on events more specific to the school and what goes on in the building during school hours. Archives can be found [online](#) at the Wilson website. If you would like

to be added (specify whether you would like to be on the daily list or just the Monday list) or removed from the distribution list, send your email address to Valeurie Friedman at vfriedman@pps.net. **Have good news to share about Wilson students or alumni?** Send the details to Valeurie Friedman at vfriedman@pps.net.

PPS Calendar for 2017-18:

Find it online at <http://www.pps.net/cms/lib8/OR01913224/Centricity/Domain/4/School-Quarter-Calendar-2017-18.pdf>.

COMMUNITY

Safe Routes to School Open House to Determine Spending Priorities, Tuesday, April 25, Jackson MS, 6-8pm

Attend an open house hosted by the Portland Bureau of Transportation's Fixing Our Streets program, Safe Routes to School to provide feedback on how to spend \$664,000 in the Wilson cluster. Learn more [here](#).

ALL THINGS WILSON

Be sure to visit the Wilson website at: <http://www.pps.k12.or.us/schools/wilson/> to find many useful resources for parents and students including:

- Event, activity, and holiday listings on the Wilson calendar
- Online student research tools
- Links to the Daily Bulletin and past issues of the Wilson Spotlight
- Counseling Department
- How to get involved with PTA, Boosters, or Foundation
- How to order scrip (http://www.pps.k12.or.us/schools/wilson/files/school-wilson/scrip_4_15.pdf.)

Stay in Touch With the Wilson Counseling Department

Follow [#wilsoncounseling](#) on Instagram for scholarship, college, and special events! For text alerts on financial aid and college resources, text COLLEGE to 44044!

Follow Wilson Leadership

Twitter: [@wilson_trojans](#)

Instagram: [wilson_trojans](#)

Facebook: [Wilson Leadership](#)

Follow Wilson Yearbook

Instagram: [@wilson.yearbook](#)

Twitter: [@WilsonTrojan](#)

Follow Wilson's magazine, The Trojan Horse

Twitter: [@whstrojanhorse](#)

Instagram: [@whstrojanhorse](#)

Use the hashtag #whshorse and send us your pictures.

Follow SouthWest StageWorks, the Wilson High School Theatre Company

Website: [southweststageworks.com](#)

Facebook: [SouthWest StageWorks/Wilson High School Drama Announcements](#)

Twitter/Instagram/Snapchat: [@SW2Official](#)

Blog: [southweststageworks.blogspot.com](#)

Alumni News

Wilson High School official alumni website:

<http://www.wilsonalumni.com>.

Alumni Class Reunions

To find out about upcoming Class Reunions go to: <http://www.wilsonalumni.com/reunions.htm>.

Wilson Graduates Who Have Served or Are Serving in the Military

To add your name and information to the archive of Wilson Military Graduates, click on this link: <http://www.wilsonalumni.com/Military.html>

Wilson Sports Schedules

<http://www.wilsonathletics.com>

Faculty/Staff Contact Information

If you would like to contact faculty or staff at Wilson go to <http://www.pps.k12.or.us/schools/wilson/>.

Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. All individuals and groups shall be treated with fairness in all activities, programs and operations, without regard to age, color, creed, disability, marital status, national origin, race, religion, sex, or sexual orientation. Board of Education Policy 1.80.020-P. The Portland, Oregon School District is an equal opportunity educator and employer. Persons with disabilities or who are in need of additional accommodations in order to attend or participate in an event or program at Wilson High School should contact Maude Lamont, Curriculum VP, Telephone: 503-916-5280 email: mlamont@pps.net.